

Ian Clingan

BSc Econ, Economics

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Profile

An experienced, organized, sailing coach/manager with a complete overview of campaigning at each level, who has an eye for detail in the process

- **24 Years Coaching Experience (17 of those for the Royal Yachting Association (RYA))**
- **Solid track record for progression of sailors to their potential**
- **4 Olympic campaigns coaching Olympic Athletes, 3 Coach Accredited Olympics, 1 Coach Accredited Paralympics**
- **Supported talent to Paralympic Silver Medal 2012, Olympic top 10 2008, 5 Olympic/Paralympic World Medals, 6 ISAF Youth World Medals**
- **Extensive training through RYA/UK Sport Coach Professional Development**
- Experience in running Professional coach development in local programs
- Familiar with large and small federation models as Coach and Manager

Professional Experience

Singapore Sailing

2011-2016

Single-Handed Coaching delivered at youth and Olympic level.

- Coaching Radial London 2012 and Rio 2016. SPEX Scholarship Coach-full time sailing program with management responsibilities
- Perth 2011, delivering results to qualify both the Radial and Standard for London 2012
- SEA Games medals in both the Radial and Laser Standard in Myanmar, 2013. Radial Gold
- Supporting Asian Games Medalist, Incheon, 2014 Laser Standard

French Federation (FFV)

2011-2012

Radial Coach, pre and post 2012 trials.

- Sarah Steyaert London 2012, 16th

US Sailing-Coach for 49er, SKUD and Laser Radial

2011-2012

Engaged as freelance coach working with youth, Olympic and Paralympic programs.

- Progression of Paralympic teams from 12th ('07) to 2nd ('11 and '12) in the SKUD Worlds. Silver Medal, London Paralympics 2012
- 4th Laser Radial World Championships, Mitchell Kiss 16yrs (2 yrs remaining in youth)

RYA – Olympic/Paralympic World Class Program Coach

2010-2011

Engaged as personal coach to Ed Wright, Finn, and as technical specialist/coach for the Mark 2 SKUD Paralympic program

- Winner of Finn Gold Cup – under my guidance Ed was able to convert his previous Gold Cup performances (6, 7, 3, 26) to secure the title
- 6 * Paralympic Medals – Including double-World titles
- Ran the technical development program for the Mark 2 SKUD in conjunction with the RYA technical experts, resulted in significant speed edge over competitors

Irish Sailing Association – Olympic Development Squad Manager/Coach

2009-2010

- Management of Development level sailors programs, coaches, goal setting and support network of specialist. Responsible for budget management. Lead in gaining technical clothing sponsor for all Olympic and youth programs

- Development of Annalise Murphy from 86th ('08) to 8th (09) in the Radial Worlds, achieved through close adherence to fitness program and intense 1-2-1 coaching
- Development of 49er sailors Ryan Seaton/Matt McGovern from 49th ('09) to 30th ('10) in 49er Worlds. This was good progression for the team as they had no sparring partners and faced increasing competition in 2010, year 2 of the Olympic cycle

RYA – Single-Handed Youth/Olympic Coach

2001-2009

- Coached a combination of youth ('00-'05) Olympic development ('02-'04) and then progressed to leading the World Class program ('04-'09), responsible for the holistic development of the sailors as they progressed in their sailing careers. Acted as a mentor to newly transitioned coaches who were previously sailors.
- Acting as head coach with program responsibility and assistant coaches during this period – Management
- Development of 2008 Olympic representative, Penny Clark, from 33rd ('05) to 7th ('08) in the Radial Worlds. Achieving the medal race, top 10 in her debut Olympics
- 4 sailors in the top 16 at 2008 Radial World Championships
- Development of Andrea Brewster from 68th ('03-Europe) to 3rd ('08) Radial Worlds
- Supporting the delivery of 6 ISAF Youth World medals – 3 gold, 3 bronze
- Supporting 2 Radial Youth European titles

RYA – High Performance Zone Manager (Eastern England Zone)

2000-2001

Education, Coaching Certifications

University of Wales

BSc Econ (Single Honors) in Economics

Coaching Qualifications

- RYA National Class Racing Coach
- International Certificate of powerboat operation
- RYA Powerboat Level 2 certificate
- RYA VHF certificate
- First Aid certificate

Personal Interests

I enjoy outdoor sports including sailing, windsurfing, mountain biking, surfing, stand up paddle boarding and hiking. I also enjoy travel and spending time with my family.

Additional Skills / Information

- Part of Team GBR Coach Professional Development (CPD) Program
- Team GB National Coach Conference delegate
- Institute of Advanced Motorists driving test passed. (Examined by Police Driver)
- Full clean UK driving licence
- Time Manager and Time Manager using Outlook Courses
- Compelling Communication and Developing Communication Leadership courses by ECD Insight, International Corporate Communications
- High Performance Team Work by Lindsay McKenna

Reference:

Employer:

Mr D Truswell
Strategic Lead for Talent and Performance, Sport England
21 Bloomsbury Street
London, WC1B 3HF, UK

Employer:

Mr J O'Callaghan
Performance Director
Irish Sailing Association
3 Park Road, Dun Laoghaire
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Sailor:

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